


Humility

...a fruit of the Spirit

**...source of praise and
thanksgiving**



One who is humble is
grateful

Confident...truly happy

...Simple

RL 42

It is a gift of God

Humility

Perfect Love of Jesus Christ

“I cannot do otherwise
than to see humility
in reference to
love.”



April 7, 1878



a sense of gratitude for
being loved with a great
love

**an attitude born
of love**

a desire to be like Him
who chose humility as
the royal road to the
Kingdom

Humility from two perspectives

...



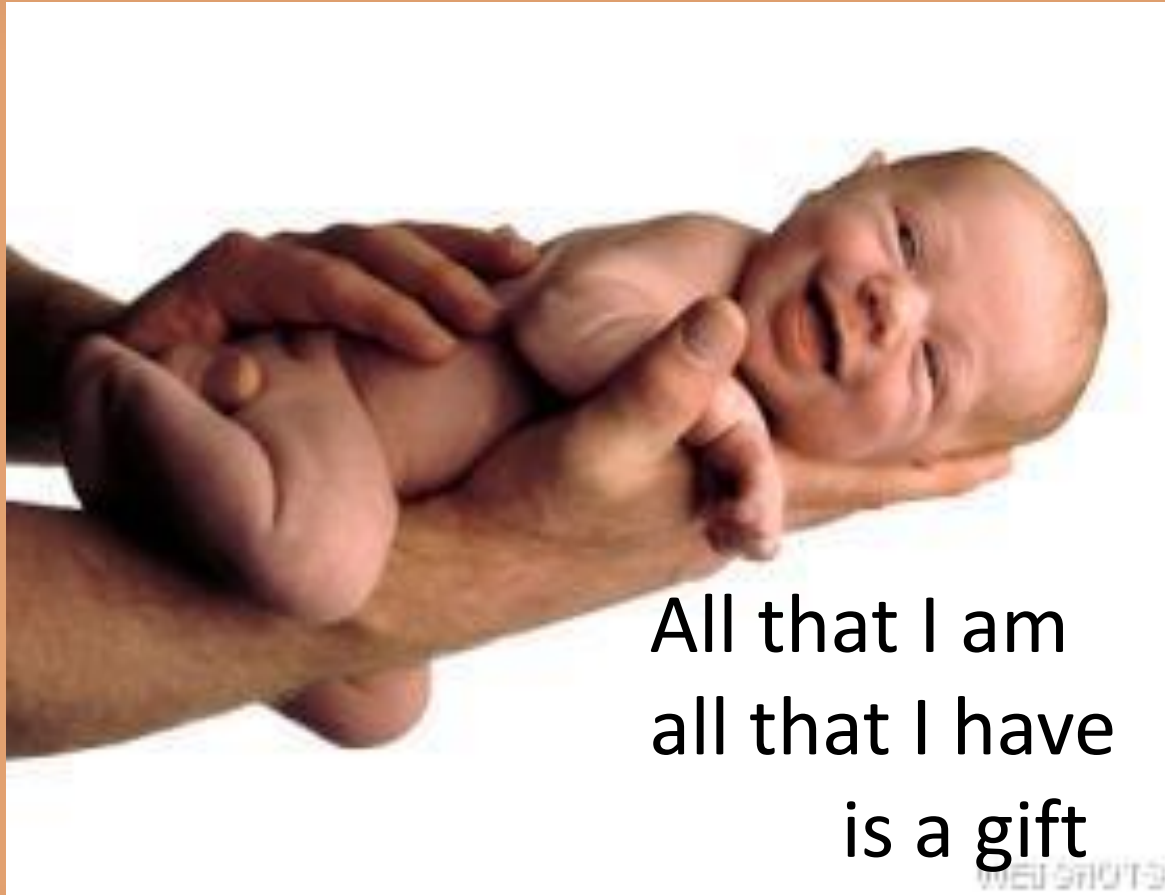
TRUTH which is
Knowledge of God
and
Knowledge of self

LOVE

Living in the truth of what we are

God is all

God is
Creator



All that I am
all that I have
is a gift

**Humility is to know our nothingness
and our dependence ...**

“I want to stress the effect of the love of Jesus on us and the virtues he desires to produce in us.” **mme**



“I will begin by
humility,
the basis of any
spiritual life.”

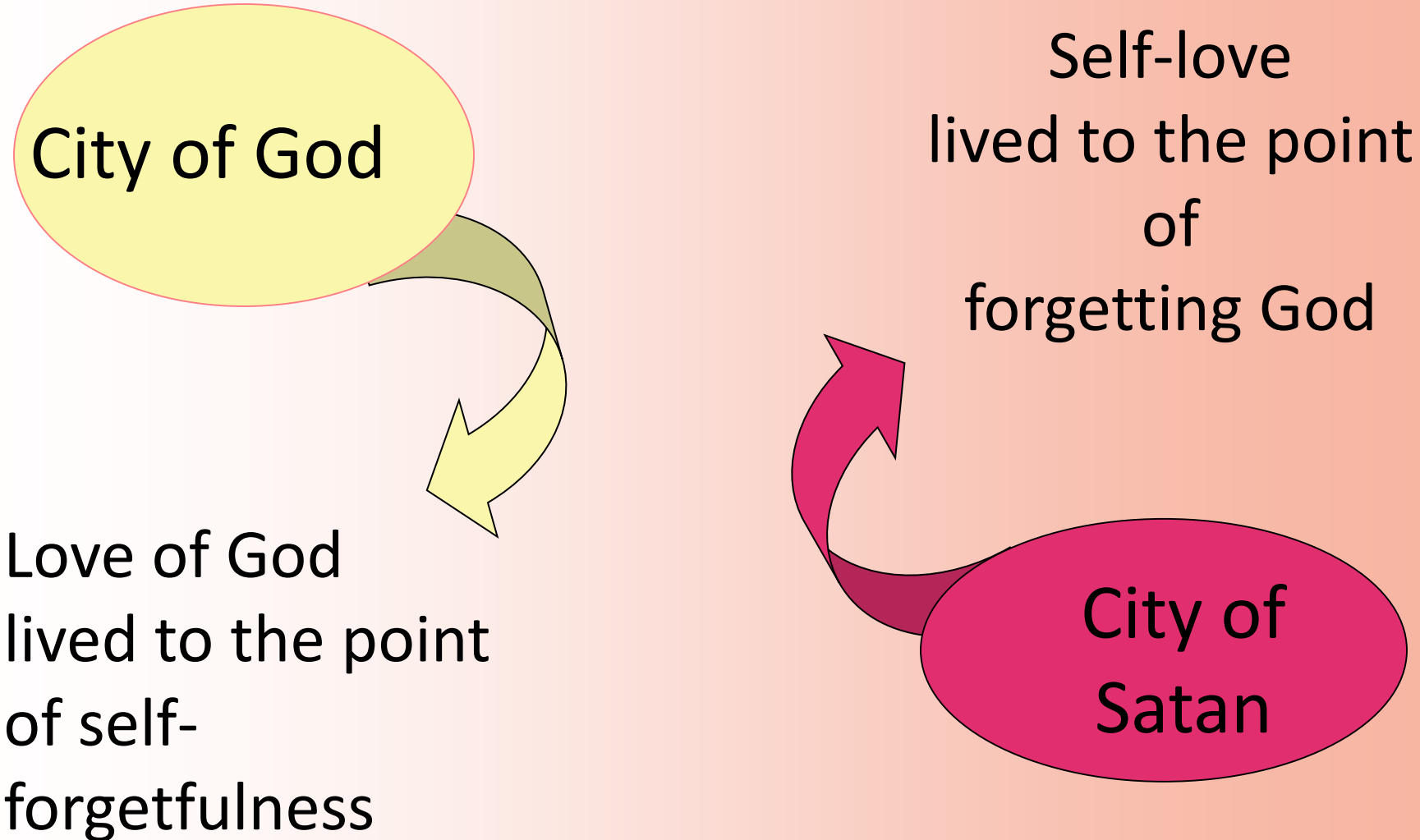
mme

For MME, HUMILITY
is a question of love

- deepest motivation
- most important factor

Humility is a virtue that expands the heart,
makes us happy and full of life,
fearless and full of energy ...

Humility is loving God to the point that we forget ourselves.



City of God

Love of God
lived to the point
of self-
forgetfulness

Self-love
lived to the point
of
forgetting God

City of
Satan

**Self-love is the big obstacle.
It shrinks and locks us up to
ourselves.**

“Penetrated by
love you
should not want to
keep the miseries
of pride and self-
love.” **mme**



**The principal work is to uproot
false self-love, the desire for praise,
esteem, success...making oneself the
center of the world.**

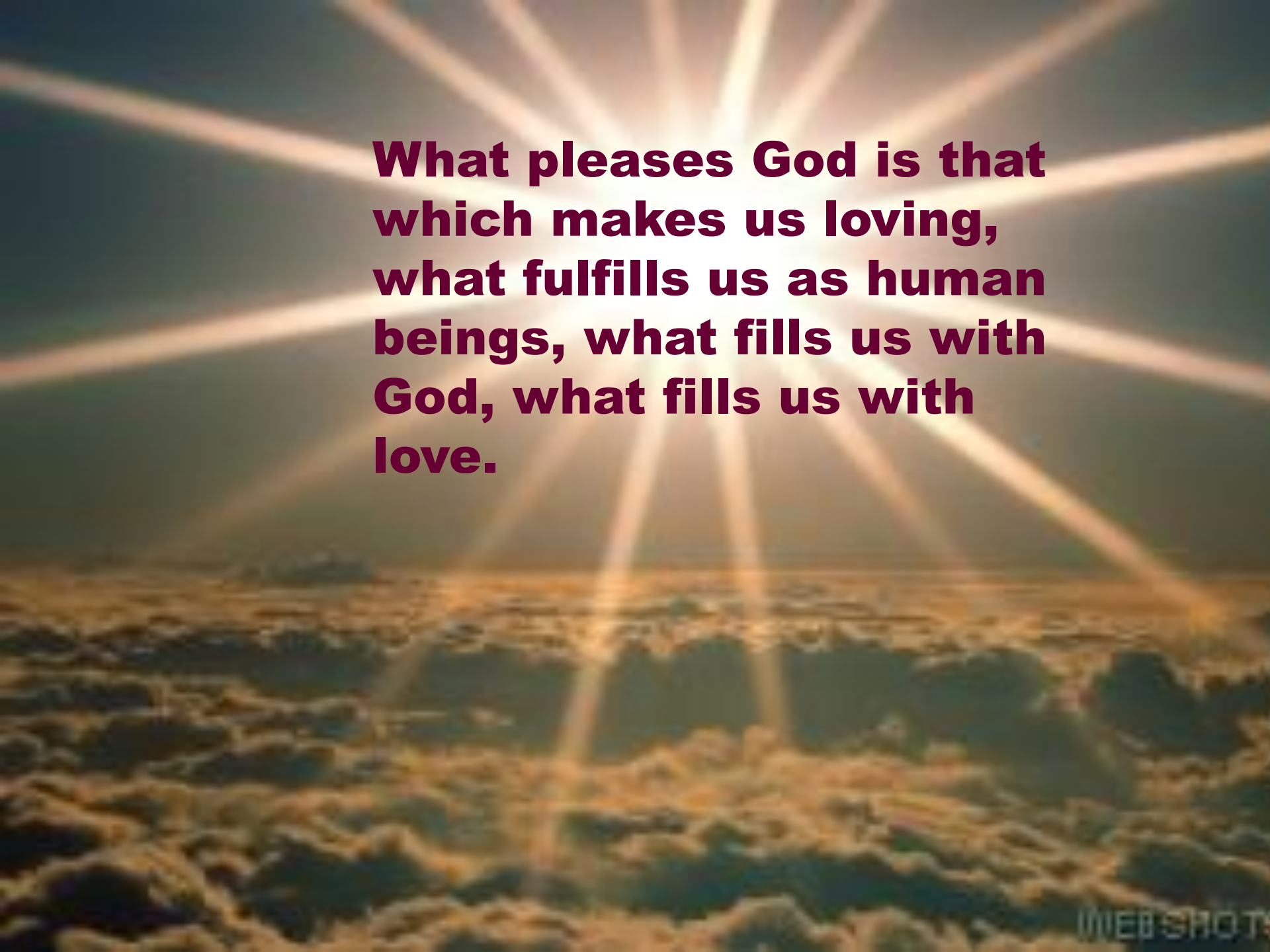
Love is giving ourselves ---
willing to do anything for the other.
Nothing is too much nor too low.

“Let us consider the
humility of the Son of
God

He did not hesitate
to show us that he
loved us to the point of
death... ”

**A revelation of God:
God is humble.**



An aerial photograph of a city at sunset. The sun is low on the horizon, creating a bright glow and several prominent sunbeams that radiate across the sky. The city below is bathed in the warm, golden light of the setting sun, with the buildings and streets appearing as a dense, textured pattern of light and shadow. The sky transitions from a deep blue at the top to a bright orange and yellow near the horizon.

**What pleases God is that
which makes us loving,
what fulfills us as human
beings, what fills us with
God, what fills us with
love.**

“The motive of our humility is that we know and love God.”

“Adoration brings us out of ourselves and places us at the feet of the Beloved.”

“Is it sad to follow Jesus in his humility?”

“Is it sad to pay the price for love? ”

Fruits:

- Humility brings liberty
- Freedom from all self-love, pretense, lies
- Freedom from desire for esteem, praise, success...

Description:

simple, sincere
real, frank
joyful
deep
generous

“ Humility must be a fundamental virtue of the Assumption on condition that we take it from the perspective of love...” mme

Another nuance to humility...



Humility is not
one of
appearance,
of words and
expressions in
our faces

**To be humble is to have
an enthusiasm for life**



**To take initiatives
and learn new things**



**Make mistakes and
learn from them**



**See the gifts of God...
How good God is to me!**

**We need to find our place
Each person has something to give**

Love yourself as you are today



**Under God's loving gaze
everything is fine right now**



A call to love
and
a response to love



The great
means



is



the love of
God

“We need to work at it all our life;
In the end, it is God who gives humility.
Without Him, we will never be humble.”

“ the more you are sincerely humble...
the more you open your heart to love,



**The more the Lord Himself
becomes the promised hundredfold**



“For us
today...we
need to know
ourselves.”



“For
formators...
we need to
know the
person in
formation and
adapt the
means and
practices for
her situation.”

“Each one has her own path to HUMILITY.”