

Saint Marie Eugenie of Jesus

March 25th, 1877

Thoughts for Holy Week

On Mortification: To overcome themselves and to unite themselves to Jesus Christ crucified, whose everrenewed immolation they adore on our altars, penance is necessary for them, but it must be in keeping with the spirit of their Institute; it will consist above all in the fulfillment of the Rule, poverty, strictness in their schedule, dedication to education and work, patience in suffering of every kind, support for their neighbor, and assiduity in prayer.

My dear daughters,

We've had long Offices this morning. All these Offices are a lesson, and I see nothing else to recommend to you today than to pay close attention to all that the Holy Church teaches us through the liturgy and to unite yourselves by prayer, mortification, and humility to the sufferings of Our Lord Jesus Christ and to the state in which we reflect on Him during this Holy Week. All that He suffered in humiliation and degradation, He suffered in reparation for our pride, so that each of us must try to render Him as many acts of humility as possible, as many acts of mortification as our health allows, as many acts of love and attention to His sufferings. This is my recommendation for Holy Week.