Humility

...a fruit of the Spirit

...source of praise and thanksgiving
One who is humble is grateful.

Confident...truly happy.

...Simple.

It is a gift of God.
Humility
Perfect Love of Jesus Christ

“I cannot do otherwise than to see humility in reference to love.”

April 7, 1878
an attitude born of love

a sense of gratitude for being loved with a great love

an attitude born of love

a desire to be like Him who chose humility as the royal road to the Kingdom
Humility from two perspectives...

TRUTH which is Knowledge of God and Knowledge of self

LOVE
Living in the truth of what we are

God is all
God is Creator

All that I am all that I have is a gift

Humility is to know our nothingness and our dependence ...
“I want to stress the effect of the love of Jesus on us and the virtues he desires to produce in us.” mme

“I will begin by humility, the basis of any spiritual life.” mme
For MME, HUMILITY is a question of love

- deepest motivation
- most important factor

Humility is a virtue that expands the heart, makes us happy and full of life, fearless and full of energy ...
Humility is loving God to the point that we forget ourselves.

City of God

Love of God lived to the point of self-forgetfulness

Self-love lived to the point of forgetting God

City of Satan
Self-love is the big obstacle. It shrinks and locks us up to ourselves.

“Penetrated by love you should not want to keep the miseries of pride and self-love.” mme

The principal work is to uproot false self-love, the desire for praise, esteem, success...making oneself the center of the world.
Love is giving ourselves ---
  willing to do anything for the other.
  Nothing is too much nor too low.

“Let us consider the
humility of the Son of
God

He did not hesitate
to show us that he
loved us to the point of
death...”

A revelation of God:
God is humble.
What pleases God is that which makes us loving, what fulfills us as human beings, what fills us with God, what fills us with love.
“The motive of our humility is that we know and love God.”

“Adoration brings us out of ourselves and places us at the feet of the Beloved.”

“Is it sad to follow Jesus in his humility?”

“Is it sad to pay the price for love?”
“Humility must be a fundamental virtue of the Assumption on condition that we take it from the perspective of love…” mme
Another nuance to humility...

Humility is not one of appearance, of words and expressions in our faces.
To be humble is to have an enthusiasm for life. To take initiatives and learn new things. Make mistakes and learn from them. See the gifts of God... How good God is to me!
We need to find our place
Each person has something to give

Love yourself as you are today

Under God’s loving gaze
everything is fine right now
A call to love and a response to love

"We need to work at it all our life; in the end, it is God who gives humility. Without Him, we will never be humble."
“the more you are sincerely humble...
the more you open your heart to love,
The more the Lord Himself
becomes the promised hundredfold
“For us today…we need to know ourselves.”

“For formators…we need to know the person in formation and adapt the means and practices for her situation.”

“Each one has her own path to HUMILITY.”